

This week's Abound Parenting ABRSD news:

- **We are in week 2 of our *SPORTS & PLAY* theme.**
- **The academic word **RELY** is the focus of this week.** Try these examples to work even more exposures to the word **RELY** into your child's days -- or make up your own!
 - "Dogs and cats have to **RELY** on people to feed them. Do you **RELY** on anyone to get you food, or can you also get it on your own?"
 - "If you had to miss school, which friend would you **RELY** on to give you the notes for class?"
 - Remind your child that **RELY** means to count on something or someone; to be certain something will happen or someone will do something.
- **Here are a few of our favorite questions from various age groups this week.**
 - The *snowplow* is a way to control your skis by putting the tops of the skis together and the bottoms way out to the sides – like a pizza shape! Put your feet in a *snowplow* position and then say *snowplow* without the word *snow*!
 - Lots of sports teams have a *mascot* a symbol for the team. Tigers, eagles and panthers are some popular animal *mascots*. If you had a sports team, what would you pick for your *mascot*?
 - If you accidentally broke a rule while playing a board game, but no one but you noticed it, how would you feel? What would you do?
- **Look for the BookOut speaker icon to get read-aloud links for this week's books!**

Pat yourself on the back for these February achievements!

If you took just a few minutes each day to use Abound's WordUp feature, your child was exposed to these *academic words* at least 7 times each: **Estimate, Significant, Resource, Physical.**

If you started a back-and-forth conversation each day using TalkOn questions, you gave your child: 28 opportunities to practice key reading-related skills in Letters & Sounds, Vocabulary & Knowledge, or Awareness & Regulation.

If you had the chance to read or listen to books suggested for your child in the BookOut feature, your child had an opportunity to connect with you and be exposed to vocabulary & ideas in 8 books!

If you haven't yet signed up, go to [https:// partners.aboundparenting.com/](https://partners.aboundparenting.com/)

Use code **ABParent** & follow instructions to download app. Questions? Write to sue@aboundparenting.com