

Made Fresh Daily Options:

Assorted Sandwiches/Wraps including Peanut Butter and Jelly sandwiches
 Boar's Head deli sandwiches on Thursdays
Try something new – Power Paks
 Assorted Grab and Go Salads/Smoothies
 Pizza

Menu Subject to Change without Notice










RJGrey School Meal Pricing:

Lunch tiered pricing starting at \$2.75 (Reduced \$.40) Breakfast \$1.75 (Reduced \$.30). All meals served with Veggies, Fruit and choice of Milk. Healthy Choice Snacks, A la carte items , Fruit & Water available for purchase

Pre-pay online at www.schoolcafe.com/abrsd
 Pay by cash or check (AB Food Services) at school.

Apply for Free/Reduced Meals online anytime at: www.schoolcafe.com/abrsd

RJGrey Junior High – February 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pre Groundhog Day Big Daddy's Pizza with choice of Toppings Fresh Caesar Salad with Romaine Chickpea Salad Seasonal Fruit
4 Super Bowl Brunch! Pancakes with Syrup Jones Chicken Sausage Veggie Sticks Orange Juice 	5 Lunar New Year Teriyaki Chicken Dippers Rice Bowl with Oriental Vegetables Choice of Fruit Fortune Cookie 	6 Soup and Sandwich <i>Try something new – Grilled Cheese Panini</i> Tomato Soup Oven Baked Fries Choice of Fruit	7 Jr. High and High School Early Release No Lunch Served 	8 Pizza Mania Big Daddy's Pizza with choice of Toppings Fresh Broccoli Salad Side of Chick Peas Seasonal Fruit
11 Dip it Up! Baked Mozzarella Sticks Marinara Dipping Sauce Steamed Broccoli Chilled or Fresh Fruit	12 Burger Bar Hamburger or Veggie Burger on Whole Wheat Roll served with Cheese, Lettuce, Tomato, Pickles Oven Baked Fries Choice of Fruit 	13 Crazy Chicken Bowl Popcorn Chicken, Mashed Potatoes, Corn, and Creamy Gravy Choice of Fruit	14 Mini Cheese Raviolis with Marinara Sauce Wheat Garlic Breadstick Fresh Caesar Romaine Salad Chilled or Fresh Fruit 	15 Pizza Pizza Pizza Big Daddy's Pizza with choice of Toppings Tossed Salad with Iceberg and Romaine Chickpea Salad Seasonal Fruit
18 	19	20	21 	22
School Vacation Week				
25 Cha Cha Cha Chicken Tenders with Dipping Sauce Mashed Potatoes Tender Sweet Corn Choice of Fruit	26 Little Italy Stuffed Shells with Cheese Green Beans Warm Garlic Bread Applesauce	27  Chicken Patty or Spicy Chicken Patty on Whole Wheat Roll served with Lettuce and Tomato Sweet Potato Fries Chilled or Fresh Fruit	28 Nachos Supreme Lean Beef or Vegetarian Refried Beans Queso Cheese Sauce Romaine, Tomato, Salsa Tender Sweet Corn Choice of Fruit	

Gluten Free Turkey and Cheese Wrap in Brown Rice Tortilla is available daily with 24 hr. notice to Café Manager
 Gluten Free pizza is available on Fridays. Place order by Wednesday with Café Manager.

RJGrey Cafeteria Manager Jean Tibbetts: jettibbetts@abschools.org

Meals are planned to meet USDA Dietary Guidelines. This institution is an Equal Opportunity provider.

Questions or Comments, please contact Kirsten Nelson, Food Services Director at (978) 264-4700 x3221 or at lunchonline@abschools.org

It's our Pleasure to Serve You!

